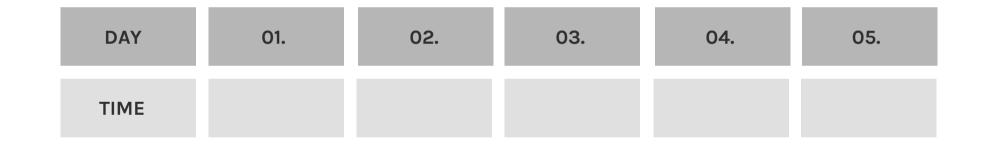


Baking Soda Stomach Acid Test

A simple way to test stomach acid levels naturally.





AVERAGE TIME OVER FIVE DAYS:

In theory, if your stomach is producing adequate amounts of stomach acid you'll likely burp within two to three minutes. Any burping after three minutes may indicate a low acid level. Learn how to increase stomach acid production naturally by visiting <u>this post</u>.

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